

## YOUR STAY INCLUDES • Complimentary breakfast of warm mpunga phala (rice porridge) made with nutritious groundnut flour every morning or upon request. • Drinking water, Tea and coffee always available in our shared dining area • A guided introduction to the HeR Liberty team, the school project, the youth hub and farming projects on arrival. • Laundry, please add any dirty clothes in the laundry basket in the bathroom and give it to Felia, our house Keeper to get it washed. MEALS DURING YOUR STAY Lunch or dinner is not provided at the house, but you are welcome to use the kitchen to cook your own meals Explore Zomba town to have a meal at the restaurants around

### **Options include**

You may ask Felia (our housekeeper) to prepare a local meal for you at



a cost of MWK 5,000 per person.

Nsima or rice with local chicken, beans, and green vegetables.

**Vegetarian:** Nsima or rice with beans and green vegetables.



Chips and fried/braai chicken.

**Vegetarian:** Chips and vegetables.

# VOLUNTEER & CULTURAL ACTIVITY MENU

Pick and choose the experiences that match your interests and schedule. You can participate for a few hours or stay longer to immerse yourself.

#### **NURSERY SCHOOL ACTIVITIES**

#### Storytime with Little Learners

Read aloud to children aged 2–5 at our community nursery school. Books provided – or bring your favourite!

#### **Help Prepare Morning Porridge**

Join our kitchen team to stir and serve the daily nutritious meal for over 100 children.



#### **BEAUTY & LANGUAGE IMMERSION**

#### Get Braided at a Local Hair Salon

Experience a visit to a bustling Zomba salon and choose from braiding styles or traditional cornrows.

#### Basic Chichewa Language Lessons

Learn greetings, numbers, and everyday phrases in Malawi's national language. Fun, informal sessions led by our youth volunteers at the Youth Hub.

#### **LOCAL CUISINE & CRAFT SESSIONS**

#### Make Zitubuwa (Banana Fritters)

Learn to make this beloved Malawian street snack with a local woman-led cooking group. You'll mash, mix, and fry your own batch to taste!

#### **Make Your Own African Print Bag**

Get hands-on with vibrant chitenje fabric. Guided by local youth entrepreneurs, you'll design and sew a simple, stylish tote bag to take home.





#### **SUNSET VILLAGE WALK**

#### **Guided Sunset Walk through Mussa Village**

Walk the same paths our schoolchildren take every morning. Chat with villagers, learn about daily life, and enjoy panoramic views at golden hour.

Once checked in, let our HeR Liberty team know which experiences interest you. We'll coordinate timing, provide local guides, and ensure everything runs smoothly.

HeR Liberty contact person Rob at +265 998 559659

We love capturing your moments (with permission!) to inspire others—feel free to share your stories using #HeRLiberty #Namikhateschool

# STAY WITH US IN NAMIKHATE VILLAGE!



Want to experinence Village Life at Namikhate book our Airbnb and enjoy comfort, peace, and a true Malawian village experience.

Perfect for travelers, adventurers, and anyone who wants to relax and connect with community and nature.









### VERIFIED SUPERHOST WITH 10 YEARS HOSTING EXPERIENCE



\$ 5.0 &

Guest favorite

MESSAGE ROB ON WHATSAPP

+265 998 559659



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